

Birdsboro Community Memorial Center

Adult Membership (ages 18-59)

6 month \$100 ~ 1 year \$180.00

Adult membership includes 24/7 access to Fitness Center. The upstairs gym, outdoor court, and game room are available for use during open hours. Membership includes discounts on programs, events and room rentals.

Name: _____ Age: _____

Date of Birth: _____ Phone: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Email: _____

Is it ok to contact you by email with news and upcoming events at the center? YES / NO

1ST Emergency Contact Information:

Name: _____ Relationship: _____

Phone Number: _____

Email: _____

Workplace: _____ Work Phone #: _____

2ND Emergency Contact Information:

Name: _____ Relationship: _____

Phone Number: _____

Email: _____

Workplace: _____ Work Phone #: _____

MEDICAL INFORMATION

Doctor: _____

Telephone: _____ Insurance Carrier: _____ Policy

Number: _____ Do you have any special needs/health issues (include

allergies & medication): _____

IN THE EVENT OF AN EMERGENCY, I GIVE PERMISSION FOR BIRDSBORO COMMUNITY MEMORIAL CENTER TO OBTAIN EMERGENCY MEDICAL CARE FOR ME AT NEAREST HOSPITAL. INITIALS: _____

I GIVE PERMISSION FOR BIRDSBORO MEMORIAL COMMUNITY CENTER TO USE PHOTOGRAPHS AND VIDEOS FOR ADVERTISEMENTS OR PUBLIC RELATIONS. INITIALS: _____

2026 FITNESS CENTER GUIDELINES

Please respect our equipment and each other, so all members can continue to have a positive experience at our fitness Center. This is a twenty- four hour a day, unstaffed, community fitness center, we trust our members will act respectfully, use their best judgement and be courteous of others while using the facility.

1. In case of medical emergency, dial 911. An AED is located in the upstairs GYM Lobby outside of the basketball court. In addition, please report any emergency issues to the office as soon as possible.
2. The fitness center is not staffed. Please use caution when exercising. Cameras are used to monitor the fitness center. In the case of equipment malfunction, please notify the fitness center at 610-582-2471 or email BCMC19508@GMAIL.COM
3. You must be a member to access the fitness center, use your mobile app to enter the fitness center or you may enter through the office. Do not let people into the gym. Guests are permitted to purchase a \$5.00 day pass in the office during business hours. After hours guests may only enter with a member. Guests must complete a day pass and drop in the mailbox along with \$5 payment. We accept cash or VENMO after hours.
4. You must be at least 18 years of age to use the fitness center unattended. Members ages 16 and 17 are able to use the fitness center during open business hours by signing in at the office, or with a parent or guardian after office hours. Children ages 14 and 15 are only able to use the fitness center along with a parent or legal guardian. Child ages 13 and under are not allowed in the fitness center.
5. Machines must be wiped down after using. Wipes are in various locations throughout the fitness center. Please dispose of all trash and keep the area clean. Re-rack weights and put equipment away after use. You cannot bring your own fitness equipment: weights, benches.
6. No loud or offensive language or behavior. The fitness center offers a non-threatening environment. We discourage dropping weights, emotional outbursts, and loud grunting while working out. Please respect others who are trying to exercise.
7. There is no ownership of lockers. They are used on a first come, first serve basis. If you use a locker, you are required to bring your own lock. BCMC and staff are not responsible for lost, stolen or damaged personal property. If you leave your lock on a locker after you complete your workout and leave the facility, your lock will be cut off and thrown away.
8. There is no loitering, drug use, smoking, tobacco, alcohol use or any illegal activity allowed in the facility. Do not deface or destroy any property within the fitness center, including walls, floors, equipment and restroom facilities.
9. Proper workout attire is mandatory, for example: gym shoes and shirts (no boots or jeans). Shirts and shoes are required.

10. Personal trainers are NOT allowed to train members on site. If you are a member of the gym and you are training others you need permission from the Board of Directors.
11. If you have been on the cardio equipment for longer than 30 minutes and other members are waiting for the machine, please be courteous and allow others to have a turn. Do not monopolize the equipment. When circuit training you may not reserve all the equipment in your circuit at one time.
12. Rules, regulations and facilities are subject to change without notice.

NOTE: Violation of these facility Guidelines may result in loss/suspension of your membership without refund. Initials: _____

Birdsboro Community Memorial Center

In consideration of my use of the exercise equipment and facilities at The Birdsboro Community Memorial Center, I expressly agree and contract, on behalf of myself, my heirs, executors, administrators, successors and assigns, that BCMC and its insurers, employees, officers, directors, and associates, shall not be liable for any damages arising from personal injuries (including death) sustained by me in, on, or about the premises, or as a result of the use of the equipment or facilities, regardless of whether such injuries result, in whole or in part, from the negligence of BCMC.

By the execution of this agreement, I accept and assume full responsibility for any and all injuries, damages (both economic and non-economic), and losses of any type, which may occur to me, and I hereby fully and forever release and discharge the BCMC, its insurers, employees, officers, directors, and associates, from any and all claims, demands, damages, rights of action, or causes of action, present or future, whether the same be known or unknown, anticipated, or unanticipated, resulting from or arising out the use of said equipment and facilities.

I expressly agree to indemnify and hold BCMC harmless against any and all claims, demands, damages, rights of action, or causes of action, of any person or entity, that may arise from injuries or damages sustained by my.

I agree to be solely responsible for my safety and wellbeing of myself. I understand that the BCMC does not provide supervision, instruction, or assistance for the use of the facilities and equipment and is open for use twenty four hours a day, seven days a week.

I agree to comply with all rules imposed by the BCMC regarding the use of the facilities and equipment. I agree to conduct myself in a controlled and reasonable manner at all times, and to refrain from using any equipment in a manner inconsistent with its intended design and purpose.

I understand and acknowledge that the use of exercise equipment involves risk of serious injury, including permanent disability and death.

I understand and agree that the BCMC is not responsible for property that is lost, stolen, or damaged while in, on, or about the premises.

I understand and agree that my use of the facilities and equipment is only to be undertaken on my own personal time, and that my use of the facilities and equipment is not within the course or scope of my employment.

I HAVE READ THE FOREGOING WAIVER AND RELEASE OF LIABILITY AND VOLUNTARILY EXECUTED THIS DOCUMENT WITH FULL KNOWLEDGE OF ITS CONTENT.

Signature: _____ Date: _____

Print Name: _____